

# Teaching methodology of the Human Rights through sports disciplines

# **Educational highlights of the HEPA program**

**The main characteristics of physical activity and sport are to achieve healthful and educational objectives**

Sport is not a SYNONYM of the word HEALTH  
Sport is not a SYNONYM of the word EDUCATION

Sport is also

Business

Show

Profession

Means of political propaganda

Social Lift

## **SPORT - EDUCATION**

**Through the specific motor language of the discipline, it aims to educate social cognitive theory making the individual aware of the rights and obligations enshrined in the Charta of Human Rights dell'O.N.U. and the European Union Treaties.**

**The development of the self, the emotional area and the spiritual sphere promotes cooperative and collaborative behavior with others and eco-sustainability.**

## SPORT – EDUCATION

Practicing daily in the educational dimension has positive effects on preventing health.

### **The cardiovascular disease**

Diabetes - Hypertension - Colon Cancer - Eating disorders  
Obesity - Diseases of the psychiatric sphere (anorexia, bulimia)  
Disorders of the psychic sphere (Anxiety symptoms and panic, depression, sleep loss, etc.)  
Senile Dementia

# SPORT - COMPETITION

Through the specific language of the discipline, it aims to achieve excellence in neuro-psycho-motor performance, ready to be measured in the competitive arena.

Precise decision-making mechanisms and behaviors to implement a dominant attack or active defense allow you to win.

It is important not to attribute to respect the rules intrinsic educational value.

In SPORT EDUCATION, the rules are subject to socially acceptable behavior, linked to the morals, the social context in which they develop, the uses and customs of the time and place, and the people.

In SPORT - COMPETITION, the rules are the perimeter where I can exercise dominant attacks or active defenses designed to achieve victory, to prevail over my opponent.

The compliance status of the Action perimeter is a necessary condition to compete; win it's the goal; it deals with a passive factor to which the athlete subjects himself by necessity.

The mechanisms that regulate the educational process

The communication language (middle)

The model (conventional shared form)

The path of Human Rights (theoretical and practical expression catalyst)

The educational goal (collaborative and cooperative behaviors)

# SPORT-EDUCATION

Human Rights and behaviors through the catalyst Jitakyoei

Droits de l'Homme et des comportements à travers le catalyseur Jitakyoei



## The criteria of the SPORT-EDUCATION

Instruct who teaches at coherence and promote the development of skills needed in order to:

- Educate the awareness of the objectives those who practice included the Parents
- Propose a variety of offer
- Encourage the participation of all
- Enhance interdisciplinarity and multimedologia (Michigan, Holistic, Maiuetica etc.) Through an emotional didactic approach and catalyst.

Linking

Article of the Charter of Human Rights

educational path

Metaphor

The educational purpose of the discipline

The technique is a path to understanding the educational purpose.  
The educational goal is the growth of physical, moral, intellectual, and spiritual.

## Article 1

All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.

## Meaning of

To be free

Equal in dignity

Equal in rights

Reason and Consciousness

Spirit of brotherhood

## Educational path

The person enters the earthly dimension of the World with the act of birth and comes out with the action of death. Its essence belongs to Life, which precedes birth and subsequent death. The unique nature of each person characterizes the diversity and membership in Life, and it makes us equal in dignity and rights. This circumstance makes the person a free being, as it does not belong to anyone, not even itself; this assures the free will of choice, giving him responsible for his actions.

## Metaphor

Students entering the locker room dressed differently represent the act of birth and entrance into the earthly dimension. When they take their clothes off, it reveals the essence is wearing.

In the next step, they dress the training uniform; this situation represents the membership to the tribe by the individual, an expression of the free arbitrary.

When dedicating themselves to the practice of the discipline, exercise the actions with the assumption of responsibilities related to them. Finally, after training, they return to the dressing room. Here they get naked again to wear their clothes and leave the gym.

The exit by the gym gets each practitioner with their own different identity to confront the symbolic act of death—the departure from the earthly dimension of the world. The activity in the gym is the icon of Life, the dimension in which every person with his dignity realizes his destiny.

## Article 2

1) Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, color, sex, language, religion, political or other opinion, national origin or social origin, wealth, birth or other status.

2) No distinction shall be made on the basis of the political, jurisdictional or international of the country or territory is independent, or subjected trust, non-self-governing or under any other limitation of sovereignty.

Meaning of Rights and freedoms, without distinction

Rights and freedoms, released by the legal framework, political status and the local government where you live

educational path:

the "man" word in the Declaration of Human Rights and in the educational path is intended as a HUMAN BEING, without distinction of any kind. To HUMAN BEING are vested with all rights and freedoms as man born free, independent interpreter of son destiny.

## Metaphor

The relationship between Teacher and Student is analogous to the relationship between Citizens - Government. It can rely on respect of the roles to meet each other's needs. In a normal DEMOCRATIC SITUATION, we fully respect rights and individual freedoms. This condition requires an educational process involving both sides and feeds the physical, moral, intellectual, and spiritual wellness.

If the relationship is based on the subjection of students/citizens: in severe conditions, we can register that the Human Being (student) suffers abuse and limitations of rights and freedoms.

Another form is the authority power vacuum. If the student/citizen lives in a power vacuum, we can register an abnormal situation with misleading behaviors. We have created the conditions for generating social and economic conflicts that prevent the very expression of the persons and their goals.

## Article 3

**Everyone has the right to life, liberty and security of person.**

Meaning of  
Right to life  
Right to freedom  
Right to security

educational path:

UPKL defines the right to life as physical, moral, intellectual, and spiritual.

UPKL defines the right to freedom as a path to achieving complete happiness in harmony with others and the environment.

UPKL defines the right to security as care and physical protection of themselves, others, and our environment.

## Metaphor

In nature, the seed gives birth to the plant that grows and develops into a tree. On the branches of the tree sprout flowers and tasty fruits. The farmer's care is in allowing the plant to grow in height. The support poles offer to tree the security in the primary age, how the teachers guide the students through the exercise of discipline in pursuing technical perfection.

The flowers and fruits of the tree in persons represent the creative ideas, the behaviors, and his consequent actions. When expressed in complete harmony with others, they allow happiness.

The tree with solid roots, well developed in the trunk, is firm in facing the storms. Through discipline, the person reinforces in body, mind, and spirit by placing himself to re-enforced himself and the fragile persons to achieve the goals of his life and of the people of the community in which he lives.

## Article 4

**No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms.**

## Meaning of

## Slavery and Servitude

### Educational path:

Through physical practice, it is necessary to develop social cognitivism in its different stages:

- 1) understanding the Self through full awareness of the different figures that make it up.
- 2) Understand cooperation processes
- 3) Understand collaboration processes
- 4) Understand the meaning of the word DIGNITY.'

## Metaphor

Forms of slavery are multiple and change over time, influenced by technology and means.

Drug addictions, and gambling disorders, are self-induced slavery.

Corporatism, usury, and prostitution are slavery procured by others to the person's detriment.

Servitude can also be a self-induced condition due to low self-esteem or can be determined by external criminal attitudes.

To face this rampant danger, the teacher must help the students develop models of Trust - Transparency to encourage the adoption of Cooperative and Collaborative behaviors.

## Article 5

**No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.**

Meaning of

Torture

Cruel punishment

Inhuman or degrading  
punishment or treatment

Educational path:

Through physical practice, it is necessary to develop social cognitivism in its different stages:

- 1) understanding the Self through full awareness of the different figures that make it up.
- 2) Understand cooperation processes
- 3) Understand collaboration processes
- 4) Understand the meaning of DIGNITY and the respect of the persons.

## Metaphor

As in forms of slavery, torture, treatment, or inhuman or degrading punishments are multiple and change over time, influenced by technology and means.

To counter the phenomena that violate the article n. five of the human rights international declaration, the teacher must face these dangers by helping students develop models of Trust - Transparency to encourage cooperative and collaborative behavior.

The protection of the persons necessarily passes through:

- prevention with an excellent educational process to aims to strengthen the individual's intellectual, moral, and spiritual growth.
- the respect for the Human Dignity
- the repression and punishment of perpetrators who violate human rights.

## Article 6

Everyone has the right to recognition everywhere as a person before the law.

## Meaning of

## Legal Personality

### Educational path:

Through physical practice, it is necessary to understand the meaning of Formation, Education, Competencies, and Ethics elements that form the **ROLE** of a person in the community.

The teaching approach must explain the importance of the right to recognize legal personality linked to the assumption of responsibility in exercising rights and duties in the community

## Metaphor

In the Teacher-Student report, we bring the importance of the ROLE back to the "Service of Others."

Holding a Role in compliance with the legal rules takes on the meaning of assuming responsibility and the right to enjoy the right recognition for the work done. (Moral, social, professional, economic gratification, etc.)

The teaching approach TRUST- TRANSPARENCY aimed at developing the driving patterns of COOPERATION - COLLABORATION must foster the understanding of the importance of the Role at the service of Others and the importance of the defense of legal personality.

## Article 7

All are equal before the law and are entitled without any discrimination to equal protection of the law. All are entitled to equal protection against any discrimination in violation of this Declaration and against any incitement to such discrimination.

## Meaning of

## Equal before the Law

### Educational path:

In the previous path, we have recognized the importance of the Role and Legal Personality.

Article 7 of the international declaration proclaims the principle of justice. To be equal before the Law means recognizing the Human Dignity detached from the Social Role played by the Juridical Personality.

## Metaphor

In the Teacher-Student report, we bring back the importance of being equal before the Law.

In the role of teacher and pupil, the parties assume reciprocal rights and duties enshrined in the educational pact.

However, there is no doubt that before the Law, the Human Dignity of the teacher and the student is equally important.

This condition is indispensable for the Judge to assess in administering sentences, only and exclusively the actions subject to the judgment.

Human Dignity is a supreme good of the Person. Therefore Human Dignity is an excellent superior condition to the concrete concept of administration of Justice and, as such, must always be preserved and protected.

## Article 8

Everyone has the right to an effective remedy by the competent national tribunals for acts violating the fundamental rights granted him by the constitution or by law.

## Meaning of

Right to appeal before the Court of First Instance against infringement of rights

## Educational path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we entrust the understanding of the importance of the THIRD PARTY'.

A third super parts figure can and must recognize the violation of a right and freedom. The Tribunals are super-parts figures and have the power to the justice administrate and sanction the crime. This fundamental protection guarantees all people.

## Metaphor

To the Student-Student relationship, we bring back the importance of third parties in the administration of Justice.

The educational pact certainly includes the regulation of the shortcomings in the relations between the student-student and student-teacher.

The third part, with Justice and respect for the Human Dignity of the student and teacher, must regulate the shortcomings.

Through reflection on these relations, we can build education towards Article 8 of the International Charter of Human Rights.

## Article 9

No one shall be subjected to arbitrary arrest, detention or exile.

## Meaning of

Arbitrary arrest....

### Educational path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of the third party concept.

By understanding the consequences of our actions, we recognize the importance of Responsibility.

Responsibility is linked to the exercise of Rights and Freedoms and allows us to live reality.

In the Responsibility context, there is no room for bad and arbitrary behavior, which violates the reality of Human Beings.

The people formed in the human rights approach know to limit their behaviors and use their rights.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST-TRANSPARENCY and COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect human dignity.

Through the reflection on these relations, we come to the understanding of the concept "ARBITRARINESS" in a negative sense.

If a practice is arbitrary and can deprive the person of his freedoms, it constitutes the violation sanctioned by article 9.

## Article 10

Everyone is entitled in full equality to a fair and public hearing by an independent and impartial tribunal, in the determination of his rights and obligations and of any criminal charge against him.

## Meaning of

Equal position in fair public hearing

## Educational path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of a third party.

By understanding the consequences of our actions, we recognize the importance of Responsibility.

Responsibility for the actions is determined by exercises of the Rights and Duties, without prejudice to respect for Human Dignity.

The person's Human Dignity cannot and must never be in question.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST-TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity.

By reflecting on the importance of an approach to reality responsibly, we determine the awareness of Rights and Duties.

The shortcomings need to be remedied, even in the painful experience of a public process.

All stakeholders in their role must protect the rights and duties of each community member. Always in full respect of the Human Dignity of every person.

The international declaration assures the respect of human dignity also to guilty of actions worthy of the condemnation provided for by the Law. The guilty of acts worthy of the condemnation provided for by the Law.

## Article 11

1) Ogni individuo accusato di un reato è presunto innocente sino a che non sia dichiarato colpevole.  
Everyone charged with a penal offence has the right to be presumed innocent until proved guilty according to law in a public trial at which he has had all the guarantees necessary for his defence.

2) No one shall be held guilty of any penal offence on account of any act or omission which did not constitute a penal offence, under national or international law, at the time when it was committed. Nor shall a heavier penalty be imposed than the one that was applicable at the time the penal offence was committed.

Meaning of

Presumption of innocence and right to defense

Correctness of the penalty

Didactic path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of a third party.

By understanding the consequences of our actions, we recognize the importance of Responsibility.

Responsibility for the actions is determined by exercises of the Rights and Duties, without prejudice to respect for Human Dignity.

The person's Human Dignity cannot and must never be in question.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

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By reflecting on the importance of an approach to reality responsibly, we determine the awareness of Rights and Duties.

The shortcomings need to be remedied, even in the painful experience of a public process.

All stakeholders in their role must protect the rights and duties of each community member. Always in full respect of the Human Dignity of every person.

The international declaration assures the respect of human dignity also to guilty of actions worthy of the condemnation provided for by the Law. The guilty of acts worthy of the condemnation provided for by the Law.

## Article 12

No one shall be subjected to arbitrary interference with his privacy, family, home or correspondence, nor to attacks upon his honour and reputation. Everyone has the right to the protection of the law against such interference or attacks.i.

## Meaning of

## Right to security

### Didactic path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of a third party.

The Law and the work of every member of the Community must help ensure the safety of all members, especially the most fragile people.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

By reflecting on the importance of dealing with reality responsibly, we gain awareness of the Rights and Duties of each community member.

The spirit of service in favor of the other community members fully manifests with the defense of the most fragile. In the gym, the teacher must teach this behavior, and the students must learn the motor schemes that will encourage good decision-making at the right time.

## Article 13

- 1) Everyone has the right to freedom of movement and residence within the borders of each state.
- 2) Everyone has the right to leave any country, including his own, and to return to his country.

## Meaning of

Right to freedom of movement

Right to leave and return to your country

## Didactic path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of a third party.

The free movement of persons within and outside the borders of the state where they live is necessary so that there are no limits to Relations with Others.

Freedom of movement is essential to people's moral, intellectual and spiritual growth.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

Through reflection on the importance of Relationships with Others, we determine the awareness of the person's Right to Freedom of Movement.

From Freedom of movement, we derive the maximum benefit for the development of Human Relations for individual and collective growth.

## Article 14

- 1) Everyone has the right to seek and to enjoy in other countries asylum from persecution.
- 2) This right may not be invoked in the case of prosecutions genuinely arising from non-political crimes or from acts contrary to the purposes and principles of the United Nations.

## Meaning of

Right of asylum and protection against persecution

Limitation of the right to asylum.

## Educational path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of Relationships with Others. The free movement of persons within and outside the boundaries of the State where they live is necessary for developing Relations with Others. This social freedom is an essential element in the person's physical, moral, intellectual, and spiritual growth.

Every community member must protect the fragile persons; the State must ensure the right of asylum for people who need such attention and whose conditions meet the requirements of international law.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

Through reflection on the importance of Relationships with Others, we determine the awareness of the person's Right to Freedom of Movement.

From Freedom of movement, we derive the maximum benefit for the development of Human Relations for individual and collective growth.

All those deprived of their rights must be guaranteed the right of asylum and protection; during the educational process, it is necessary to make clear the duty of every member of the international community to assist fragile persons.

## Articolo 15

- 1) Everyone has the right to a nationality.
- 2) No one shall be arbitrarily deprived of his nationality nor denied the right to change his nationality.

## Meaning of

Right to citizenship

Right to change citizenship

## Educational path

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

Through reflection on the importance of Relationships with Others, we determine the awareness of the person's Right to Freedom of Movement.

From Freedom of movement, we derive the maximum benefit for the development of Human Relations for individual and collective growth.

The right to citizenship is useful to recognize the legal personality and its role in the community and facilitates the realization of the human being.

## Metaphor

The educational pact focuses on the priority of affronting reality with responsibility.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

Through reflection on the importance of Relationships with Others, we determine the awareness of the person's Right to Freedom of Movement.

From Freedom of movement, we derive the maximum benefit for the development of Human Relations for individual and collective growth.

The right to citizenship serves to recognize the legal personality and its role in the community and facilitate the realization of the human being.

The educational path must link the reflections on the different rights to form in the student the competence on civil rights and duties in the European Union.

## Article 16

1) Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.

2) Marriage shall be entered into only with the free and full consent of the intending spouses.

3) The family is the natural and fundamental group unit of society and is entitled to protection by society and the State.

## Meaning of

Right to the family

Right to freedom in the assumption of the bond of marriage

The right of the family to be protected by society and the State

## Educational path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of relationships with others.

The duty to protect others finds one of the maximum expressions in this article. The family represents the context in which the persons find private and social life's total fulfillment. All members community must exercise the actions for the family's maximum protection.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity and others.

The duty to protect others finds one of the maximum expressions in this article. The family represents the context in which persons find the total fulfillment of private and social life,

All members of the community must exercise the protection of the family. The gym environment is the ideal laboratory to experience the relational dynamics and the right behaviors to adopt.

## Article 17

- 1) Everyone has the right to own property alone as well as in association with others.
- 2) No one shall be arbitrarily deprived of his property.

Meaning of

Right to property

Educational path:

Through the educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of relationships with others.

Respect for the property of others is a part of the educational process.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

The gym's environment can represent the ideal laboratory to experience the relational dynamics and the right behaviors to respect others' properties.

## Article 18

Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance.

## Meaning of

Right to freedom of thought, conscience, and religion.

## Educational path:

Through the educational path **TRUST - TRANSPARENCY** to **COOPERATIVE** and **COLLABORATIVE** behaviors, we have entrusted the understanding of the importance of Relationships with Others.

Respect for the right to freedom of thought, conscience, and religion is a part of the educational path in the practice of the discipline.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

The gym's environment is the laboratory to experience the relational dynamics and the right behaviors to exercise the right of freedom of thought, conscience, and religion and respect for the liberty of others.

## Article 19

Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.

## Meaning of

Right to freedom of opinion and expression.

## Educational path:

Through the educational path **TRUST - TRANSPARENCY** to **COOPERATIVE** and **COLLABORATIVE** behaviors, we have entrusted the understanding of the importance of Relationships with Others.

Respect for the right to freedom of thought, conscience, and religion is a part of the educational path in the practice of the discipline.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity and others.

The gym's environment can represent the ideal laboratory to experience the relational dynamics and the behaviors to exercise the right of freedom of opinion and expression to respect the liberty of others.

UPKL suggests using different communication languages - physical, musical, linguistic, mathematical, pictorial, theatrical, etc. - since this practice constitutes a cultural enrichment for pupils.

## Article 20

1) Everyone has the right to freedom of peaceful assembly and association.

2) No one may be compelled to belong to an association.

## Meaning of

## Right to freedom of association

## Educational path:

To educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of relationships with others.

Through the relationships between the gymnasium members, the students experience the rules of coexistence in association and deepen the right and duty of freedom.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

The gym's environment can represent the laboratory in which to experience the relationships and behaviors of the associative life.

## Article 21

- 1) Everyone has the right to take part in the government of his country, directly or through freely chosen representatives.
- 2) Everyone has the right of equal access to public service in his country.
- 3) The will of the people shall be the basis of the authority of government; this will shall be expressed in periodic and genuine elections which shall be by universal and equal suffrage and shall be held by secret vote or by equivalent free voting procedures.

## Meaning of

Right to participate in public life and government of your country

## Educational path:

To educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of Relationships with Others.

The microcosm of the sports association can be the laboratory to experience the public social commitment to build the good of the community members and understand the meaning of Article 21.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

The gym's environment can represent the ideal laboratory to experience the relational dynamics and behaviors that regulate the associative life and government of democratic institutions.

**Article 22**

**Article 23**

**Article 24**

**Article 25**

**Article 26**

**Article 27**

**Article 28**

protection of civil rights

Meaning of

right to social security economic, social, and cultural rights;

right to work and fair compensation;

right to found trade unions;

right to rest and recreation;

right to a sufficient standard of living;

right to maternity and childhood;

right to education;

right to a social and international order.

Educational path:

To educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of Relationships with Others.

The microcosm of the sports association can be the laboratory to experience the public social commitment to build the good of the community members and understand the meaning of Article 22; 23; 24; 25; 26; 27; 28.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

The gym's environment can represent the ideal laboratory to experience the relational dynamics and behaviors that regulate the associative life and government of democratic institutions.

## Article 29

- 1) Everyone has duties to the community in which alone the free and full development of his personality is possible.
- 2) In the exercise of his rights and freedoms, everyone shall be subject only to such limitations as are determined by law solely for the purpose of securing due recognition and respect for the rights and freedoms of others and of meeting the just requirements of morality, public order and the general welfare in a democratic society.
- 3) These rights and freedoms may in no case be exercised contrary to the purposes and principles of the United Nations.

## Meaning of

Rights, duties, and freedoms

### Educational path:

To educational path TRUST - TRANSPARENCY to COOPERATIVE and COLLABORATIVE behaviors, we have entrusted the understanding of the importance of Relationships with Others.

The microcosm of the sports association can be the laboratory to experience the public social commitment to build the good of the community members and understand the meaning of Article 29

## Metaphor

The educational pact focuses on the importance of living reality responsibly.

**TRUST -TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOURS** guide the way of living, respecting human Dignity, proper and of others.

During the activities, we experience and acquire the necessary schemes for understanding the Rights and Duties and the value of Freedom that ensures the person's Dignity.

## Article 30

Nothing in this Declaration may be interpreted as implying for any State, group or person any right to engage in any activity or to perform any act aimed at the destruction of any of the rights and freedoms set forth herein.

Meaning of

Declaration

Binding Legal Act

Trying to understand, understand, live, promote and defend human rights through sport is the commitment made by UPKL during the work of the EU XG HEPA Commission.

The TCP works published must absolve the UPKL commitment.

## Metaphor

The educational pact focuses on the importance of dealing with reality responsibly.

TRUST - TRANSPARENCY AND COOPERATIVE AND COLLABORATIVE BEHAVIOUR guide the way of life to respect Human Dignity, proper and of Others.

The sport must teach the sense of belonging to the International Community and the propensity to respect evaluated legal elements necessary for developing and consolidating Peace among People and achieving complete Happiness for every Human Being.