



From: UPKL General Secretary

to theUPKL Officer: **mrs. Noemi Bollani**
mr. Francesco Bonometti
mr. Andrea Gatti
mrs. Jessica Genova
mr. Sergio Meda
mr. Gianfranco Russo

to the Partner: **mr. David Pardo – ARAMIS**
mr. Aldo Piatti – Bu Sen
mr. Kaj Tepponen – Jeet Kune do Finland

Letter of invitation to participate in the kick off meeting of the project

Dear Partner and Observer Member

UPKL in collaboration with BU SEN Partner is honored to invite you to participate in the Kick Off meeting of the HR + So project.

The meeting city is Bresso close to Milan, you can join Bresso from the airports of Milan Malpensa MXP or Milan Bergamo BGY, a written note indicating the suggested flights is attached below.

The kick-off meeting will start at Wednesday, 27 January at 2.00 pm.
The kick Off meeting will end on Saturday 30 January at 7.00 pm

Your Hotel is the Best Western NEO HOTEL BRESSO transport to and from the airport is organized by BU SEN and UPKL TEAM.

The date of the meeting are confirmed (from 27 to 30 January) and partner departures will be from the 31 January.

MERCOLEDÌ 27 gennaio 2021		DOMENICA 31 Gennaio 2021	
Info for mr. Kaj Tepponen			
Finnair Economy 08:05-HEL 10:15MXP Diretto 1h Viaggio flessibile KLMEconomy13:55-10m 329,99 €p.p.	HEL22:55MXP2 Scalo10h Omr122,99 €p.p.	KLM Economy 06:25 MXP arrivo 13:10 HEL 3 Scalo 5h 45m 166,99 €p.p.	KLM Economy 18:55-MXP23:55HEL1 Scalo6h Omr263,99 €p.p.
Info for mr. David Pardo Navarro			
Ryanair Barcelona 06:25 Duration 1h 40m 08:05Milan Bergamo flight no.FR 6353TypeDirectvalue fare€9.99	Ryanair 08:35Milan BergamoDuration 1h 35m 10:10flight no.FR 6354TypeDirectvalue fare€9.99		

Best regards
Corrado Genova



AGENDA

January, 27th

- 2:00 pm UPKL General Secretary:
Welcome to the to the Kick Off meeting of the HR+ So project.
- 2:10 pm Presentation of Partners and the UPKL Team who will work on the HR+ So project.
- 2:50 pm Andrea Gatti and Jessica Genova:
Focus, highlights and objectives of the project.
- 3:20 pm *Coffee break*
- 3:50 pm Q&A - Definition of work priorities of the meeting.
- 4:50 pm Corrado Genova and Gianfranco Russo:
The structure and functionality of the Sport-education multiplatform
- 5:20 Q&A.
- 6.30 pm *end of the works*



January 28th

- 9:30 am. Andrea Gatti:
Welcome - the guidelines of HR+S (Accounting - Methodology Communication). Lexicon, glossary, syllabus developed during the project.
Q&A
- 10:35 am Jessica Genova:
The approach to the Human Rights through sport. (30 min)
- 11:05 am *Coffee break*
- 11:25 am Brain storming about the focus of the project.
How is the situation in the context where you are working?
The respect of human rights is a priority, a general background in your action or the theme is not present. Respect, comprehension, behaviour, contribution are in your teaching strategy? The meaning of active citizenship.
- 01:00 pm *lunch break*
- 2:30 pm Corrado Genova:
The UPKL vision and finality through the HR+So project

Discussion to focus main aspects and critical points about teaching Human Rights trough martial arts.
- 6:30 pm *end of the works*



January 29th

- 9:30 am Andrea Gatti:
Feedback 360 as a possible tool to organize the questionnaires to investigate the analysis of needs as described in the first step of the project.
Q&A.
- 11:00 *coffee break*
- 11:30 Working at the questionnaires
- 1:00 *pm lunch break*
- 2:30 pm Welcome to meeting of the Observer Members
- History of project and spirit of HEPA Recommendation and WHO guidelines
More active people for a healthier world. How this documents inspired the guidelines of the European Social Sport Coach program
Round table with observer members and partners to evaluate how the project can give answers to the needs of the observers.
- 4:30 *coffee break*
- How to involve observers in Finland and Spain, related aspects and problems.
The target groups of the project.
- 6:30 *end of works*



January 30th

9:30 am Visit to Milano

h. 01.30 pm lunch

h. 2.30 pm Work in dojo BU SEN with athletes with special needs

6:30 pm end of the first HR+S meeting

Please note that from January 29th at 2:30 pm until January 30th the meeting is open to Observing Members

January 31th

Transfer in airport and departure of the Partners