

# ARAMIS – JKDBARCELONA



Aramis is an Association for people with Disabilities, whom operates at different levels. One of the goals of the association is to make sport accessible for people with disabilities.

JKDBarcelona is a Martial Arts organization that promotes different martial arts and the culture that involves martial arts.

Aramis and JKDBarcelona are different organizations whom partnership in the promotion of martial arts as an integrated part for a better society. That involves in teaching martial arts or related sports for people with disabilities

## **What Aramis teach**

Aramis has a program that consists in make conference and practice of different sports for people with disabilities in schools, to make the children has a social conciseness about people with different disabilities.

Also has a program in collaboration with JKDBarcelona in which the members of the association and other people interested practice martial arts, tai chi and chi kung.

## **What JKDBarcelona teach**

JKDBarcelona teach different martial arts such as Jeet Kune Do, Filipino Martial Arts, Silat, Tai chi or Kickboxing in Barcelona and surrounded areas.

In caboration with Aramis we teach a special program of martial arts adapted for people with disabilities.

### **Where Aramis does his activities**

Aramis operates in St Boi, a city next Barcelona, and in collaboration with the authorities of St Boi teach and develop his activities in public buildings of the city of St Boi. Depending of the activity it took place in a bigger o smaller place.

### **Where JKDBarcelona does his activities**

JKDBarcelona teach in St Boi and Barcelona. In Barcelona teach in Centre Chi Shin, an academy of martial arts in Barcelona. In St Boi, we teach at JKDBarcelona St Boi Club, teach for Aramis , and kids in a local school. Also teach seminars for other martial arts schools in Barcelona. The number of students is about 50 to 60, from 6 years old till 70 years old.

### **Aramis and JKDBarcelona partnership**

Through the years, Aramis incorporated sports as one of his activities, specially oriented for persons with special needs; actually, Aramis promote sports as a way of a healthy lifestyle, and work with all ranges of ages. The main goal of Aramis still is to integrate people with disabilities and make consciousness to others about the life with in disadvantaged conditions, so Aramis developed a special program to teach in primary schools different sports for groups and classes of children with mixed levels of abilities. Since 2012 Aramis started a martial arts program. Martial arts values, such as respect of the opponent; the conscience of their physical possibilities and limits perfectly fits with Aramis goals. Aramis developed the martial arts program in collaboration with JKDBarcelona. The teaching and practice of martial arts is always connected with skills of culture and philosophy.